

# Personal Digital Security

What's it about?

Protecting

- our 'Computers'
- our Passwords
- our Online Accounts
- our Data
- our Credit & Debit Cards
- our Cell Phones
- ourselves From Telephone Attacks
- our 'Online Devices' and other stuff

## **'Computers'**

- Apply OS and application updates as often as possible
- Run Anti-Virus software that updates automatically
  - [\*The Best Free Antivirus Protection of 2016\*](#)
- Run a MalWare software routinely
  - [\*Malwarebytes\*](#) free version
- Know what you're installing and don't allow 'tailgaters'
  - [\*WinPatrol\*](#) free version
- Keep your PC free of unused applications and files\*
- Repair infected systems immediately

## Passwords

- Make passwords at least 10 characters in length
- Include at least 1 upper case letter, 1 or 2 special characters if allowed, and at least 4 numbers
- Change at least once each year
- Don't use the same password for all accounts
- If spaces are allowed, use them ([demo](#))
- If 2-factor authentication is provided, use it (demo)
- If your browser wants to save a password, don't\*
- Better to use a password manager like [LastPass](#)

## Credit & Debit Cards

- Monitor your [credit report](#) 3 times per year (for free)
- [Opt-out](#) of pre-approved credit offers\*
- Use fraud alert and credit freeze to eliminate ID theft
- Don't fall for phishing attempts from fake financial institutions
- Protect your credit card(s) from skimmers\*
- Consider a [virtual](#) credit card for online purchases\*
- Search 'hacking' areas on the internet for your info\*

WE'VE EMAILED GLENMAXSON@GMAIL.COM A CONFIRMATION LINK. [RESEND CONFIRMATION](#)

Privacy

Here's your first Privacy card.  
Click it to take a look!



[Back](#) [Log out](#)

**Card Type (?)**  
 Reusable  Single-Use

**Funding Source (?)**  
Use my default ▾

**Total Spend Limit (?)** Required  
\$ X.XX

What name and address do I use? [CREATE](#)

## **Primary reference for this presentation**

[Personal Digital Security: Protecting Yourself From Online Crime](#)

**2016 - Michael Bazzell**

## **Other books by Michael Bazzell**

[Hiding from the Internet: Eliminating Personal Online Information - 3rd Edition](#)

**2016 - Michael Bazzell**

[Outsmarting Your Kids Online: A Safety Handbook for Overwhelmed Parents](#)

**2016 - Michael Bazzell & Amber Mac**

[Open Source Intelligence Techniques:](#)

[Resources for Searching and Analyzing Online Information - \*5th Edition\*](#)

**2016 - Michael Bazzell**

## **And Michael's website**

<https://inteltechniques.com/>